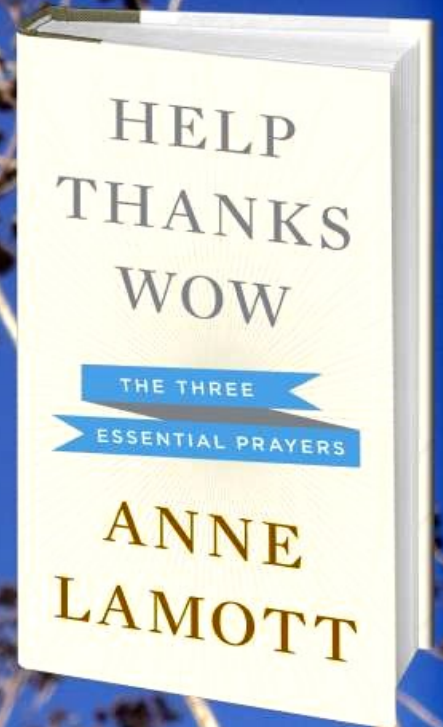


“This is a hard planet, and we’re  
a vulnerable species.  
And all I can do is pray:  
**Help.**”

—Anne Lamott, from *HELP, THANKS, WOW*



**PLEASE CALL 847-439-0668 TO REGISTER  
FOR THE CLASS.**

## **Adult Study Group**

based on

### **“Help Thanks Wow: The Three Essential Prayers”**

by Anne Lamott

**4 Sunday Sessions from 10:45am to 11:45am**

January 20

January 27

February 3

February 10

Led by Pastor Hannah Wehmeyer

**Please come join us as we delve deeply into prayer.**

**All are welcome!**

**Books available free or by donation.**